

2018 POWER CIRCLE

SweatShop, 167 Snelling Avenue N, Saint Paul, MN 55104 (651) 646-8418

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| | Pro Trainer Circle *includes all of the below* |
| Quarterly \$400 value | Two-hour Roundtable Topics include: <ul style="list-style-type: none">• Athletic Conditioning• Programming for Injuries• Rehab with PT Robin• Props with Lead IT Debra Led by PT or Instructor Trainer |
| Monthly \$350 value | One Complimentary Pro Group workout Options include: <ul style="list-style-type: none">• Wednesday 9:30am• Thursday 2pm• Friday 1pm & 3pm Led by Instructor Trainer |
| Annually \$250 value | Professional Trainer Review Completed by a SweatShop Lead Instructor Trainer |
| Special Bonus ! \$150 value | One complimentary registration in a Moira Merrithew special invitation workshop March 4, 2018 (or another workshop of your choice) |

12 MONTH PROGRAM

\$75 / MONTH (EFT)

EXACT DATES TBD BY GROUP

protraining@sweatshopfitness.com

