

# Late Fall 2011 Promotions

## Fast Track to Reformer

- 3 Private Reformer sessions for ONLY \$99 (*up to \$225 value*)!
- First-time Pilates reformer users only
- Available with select trainers only

## Fitness Quick Start

- 3 Private Fitness sessions for ONLY \$99 (*up to \$225 value*)!
- First-time personal fitness training clients only
- Available with select trainers only

## Pilates Immersion Package

- Fast Track to Reformer
- 10 Mat Passes
- 10 Reformer Classes
- ONLY \$395/45 day expiration (*valued up to \$665!*)

## POWER Immersion Package

- Fitness Quick Start (FQS)
- 20 SBT sessions
- Choice of one of the following: POWER Club, Run/Walk Club, Spinning Club
- ONLY \$395/45 day expiration (*valued up to \$645*)

## Membership

- We have 5 different membership options and an extensive a la carte menu!
- Membership prices range from \$29-\$139.
- Call Guest Services TODAY at 651-646-8418 for more details.

SweatShop Health Club  
[www.sweatshopfitness.com](http://www.sweatshopfitness.com)  
651-646-8418